**How do we set up peer support?**

**Ten great ideas from the WM Co-production Network Meeting in Coventry**

**9 December 2015**

1. **Use a grass roots approach**
2. **Look for where your ambassadors are (trusted people with lived experiences)**
3. **Not just do a needs assessment but do an assets/strengths assessment (for individuals and groups) consistently**
4. **Encourage blogging and use of social media**
5. **Start tweetchats re specific topics (e.g. #pndchat)**
6. **Do not use term ‘peer’ to encourage uptake**
7. **Community care on interested topic**
8. **Leisure cards**
9. **Create – attract – get right conditions in place**
10. **Be creative – and subversive!**