

# The NHS Call to Action

## *Opportunities for co-production in a patient-centred NHS*

*David Taylor-Gooby*

*Lay Member for Engagement, Durham Dales, Easington  
and Sedgefield Clinical Commissioning Group*

*David.Taylor-Gooby@nhs.net*

# Recent Conference “Commissioning in Healthcare”

*Co-production mentioned as  
necessary in the future*

Professor Sir Michael Grant,  
Chair NHS England

*We work with NHS staff, patients,  
stakeholders and the public to improve  
the health outcomes for  
people in England.*

“The NHS belongs to the people.”  
The NHS Constitution

## What is the “Call to Action”?

*“The focus needs to shift from buildings and onto patients and services. The NHS was 65 years old last week and throughout its history our services, staff and treatment has evolved as medicine, technology and evidence has changed. Our success in extending life means people living longer, but with more conditions and illnesses such as dementia that were not common twenty years ago. New technology means earlier diagnosis and better treatment, but this costs more and we are not reaching everyone we need to. The NHS can increasingly deliver care at home, yet too often patients have to travel are around buildings.”*

Sir David Nicholson, Chief Executive NHS England

# The Problem

- *Funding will not increase at the rate it has done.*
- *NHS set up to eliminate diseases and epidemics.*
- *Traditionally centred on hospitals – that is where the power is.*
- *Challenges of ageing population, long term conditions, lifestyle risk factors and greater expectations.*
- *Funding for social care cut whereas NHS funding protected. Perverse incentives.*
- *Need to shift balance of power to patients and community.*
- *Need to change cultures not structures.*

# Finding the answers

- *At present 4% of health budget spent on public health – need to work with Public Health England and local authorities.*
- *Enable patients to perform treatment at home: dialysis, diabetes.*
- *“When patients are involved in managing and deciding about their own care and treatment, they have better outcomes, are less likely to be hospitalised, follow appropriate drug treatments and avoid over-treatment.”*
- *Merge social care and the NHS?*
- *Early diagnosis and prevention. The Easington COPD programme.*
- *Patients with long term conditions must be managed differently. The 30% of patients with ltc's account for 70% of NHS spending. A hospital-centred delivery system made sense for the diseases of the 20<sup>th</sup> century, but today patients could be providing much more of their own care, facilitated by technology, and supported by a range of professionals including clinicians, dieticians, pharmacists and lifestyle coaches. They also need close coordination amongst these different professionals.*
- *Better discharge planning.*
- *More support from politicians about moving care out of hospitals into the community*

# Support social enterprises and community groups promoting better health

*“Reclaiming the Big Society”?*



*Nouveau Fitness*



*Silver Talk*