

Believe in Community

All citizens have something important to offer their communities – big or small

Profound changes can happen in communities when ordinary citizens take the lead on transforming their communities

The relationship between citizen and state needs to shift with citizens taking a more active role in developing their communities

Communities are full of good people, organisations and resources that can enrich the lives of older and disabled people

Different people have different barriers in their communities that requires a multi-faceted approach to shift

Imagine
With all
your mind.
Believe
With all
your heart.
Achieve
With all
your might.



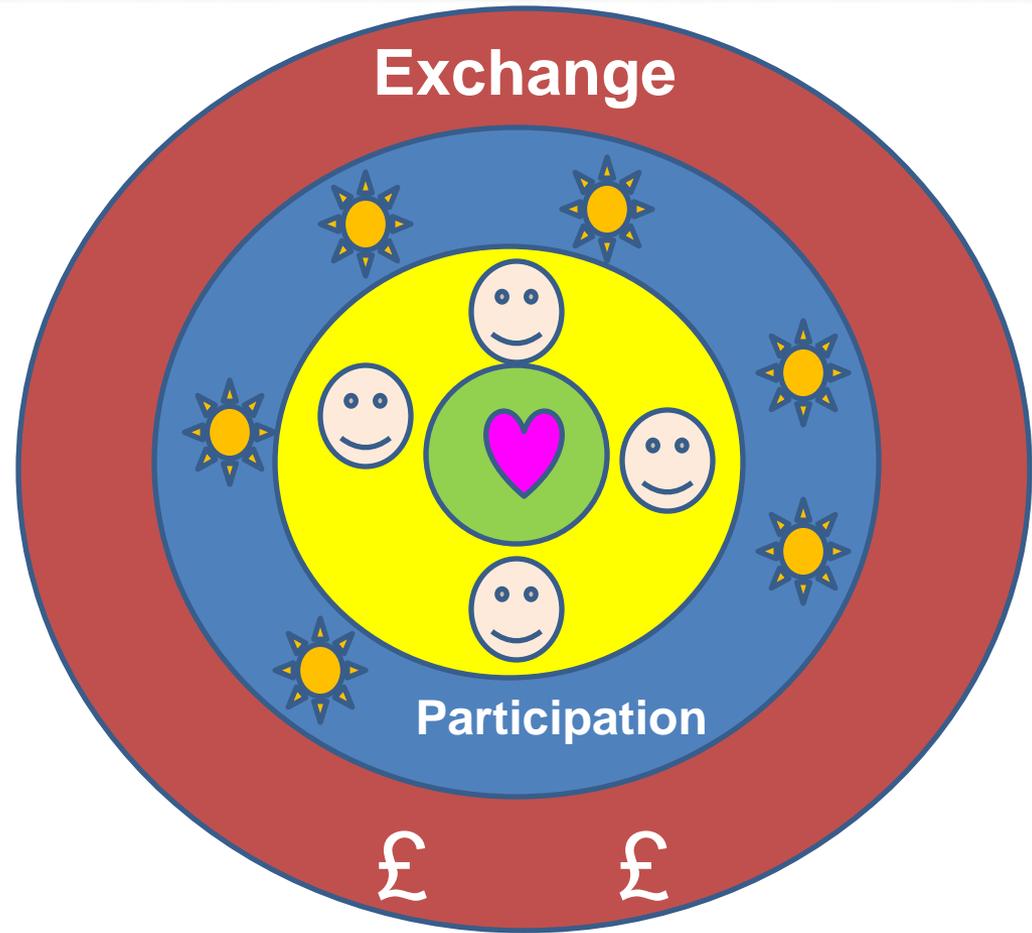
What people say matters....

- feeling safe
- feeling welcome
- good health and social care support
- relationships
- being with friends and family
- using local facilities/parks/libraries/leisure
- good transport
- education & learning
- going out
- Places to meet
- being accepted by community
- hobbies, support and interests groups
- Good housing
- being with peers (age group, religious or cultural).....

think
rethink
respond
react
act
action



So how are we
connected?
What makes us
part of our
community?
How do our own
relationship
circles work?



In Control & Community



Public services

More choice and control for people who use social care and health services

Personal budgets in social care and health= people being able to contribute

Involve, engage and find citizen leaders.

Local authority led initiatives to build community capacity/social capital

Working with libraries, leisure, transport.....



Voluntary and
community
sector

Enabling V&CS to come up with solutions, contracting in different ways

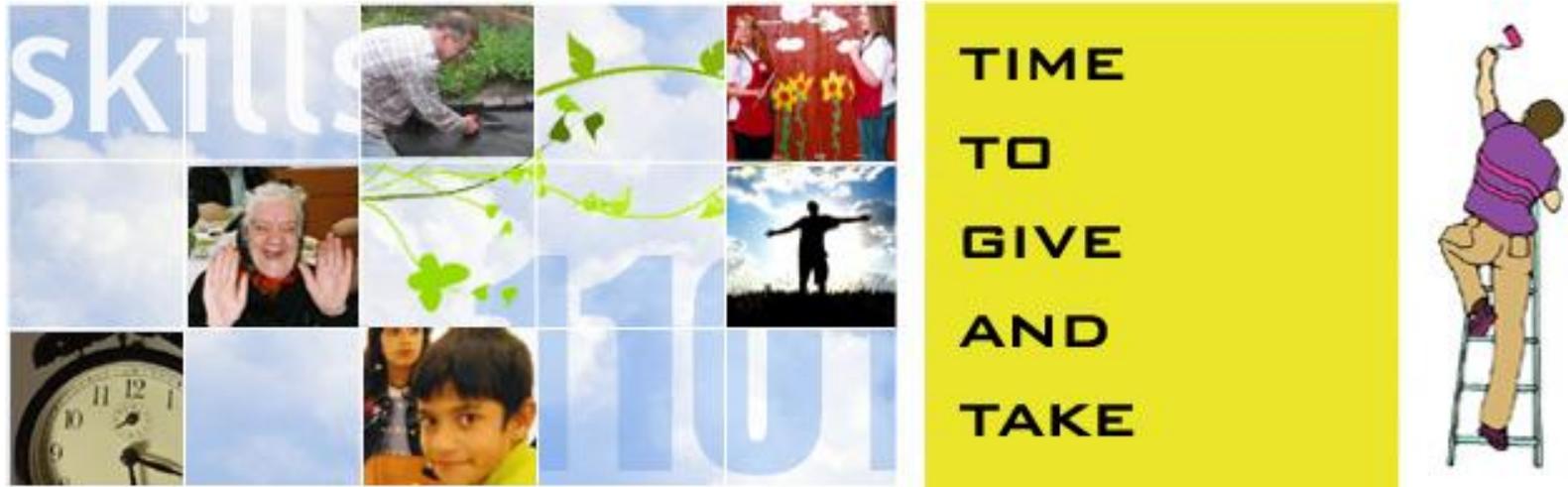
A greater focus on inclusive outcomes for older and disabled people

Community development agencies include older and disabled people in their agendas when tackling social exclusion

User led organisations, time banks,



Building a Time Bank in Blackburn with Darwen – what we have learned so far.



www.timebanking.org.uk

Time Banking UK is the national umbrella charity linking and supporting time banks across the country by providing inspiration, guidance and mutual help. Time banks are a new and exciting way for people to come together to help others and help themselves at the same time by sharing their skills.

We have used the model within Blackburn with Darwen to help build community.



Creating a sustainable user led organisation



Embrace Membership

Become a member today and support your local charity

for just
£3 a month
or **£30 a year**

Join Our Membership Today

www.embracewiganandleigh.org.uk



created by:
www.chameleondesign.org.uk

Making lives better for children, adults and older people with disabilities

Arts & Crafts & Sensory Drama

Zoo^{Man}

Embracing Lives, Embracing the Community

embrace Wigan & Leigh

Lots of Fun

1st, 2nd & 3rd JUNE 10.00am till 3.00pm

27th, 28th & 29th JULY 10.00am till 3.00pm

3rd, 4th & 5th AUGUST 10.00am till 3.00pm

25th, 26th, 28th OCTOBER 10.00am till 3.00pm

17th, 18th & 19th AUGUST 10.00am till 3.00pm

Platt Bridge Community School

for ages 14 - 19 years
open to anyone with a disability

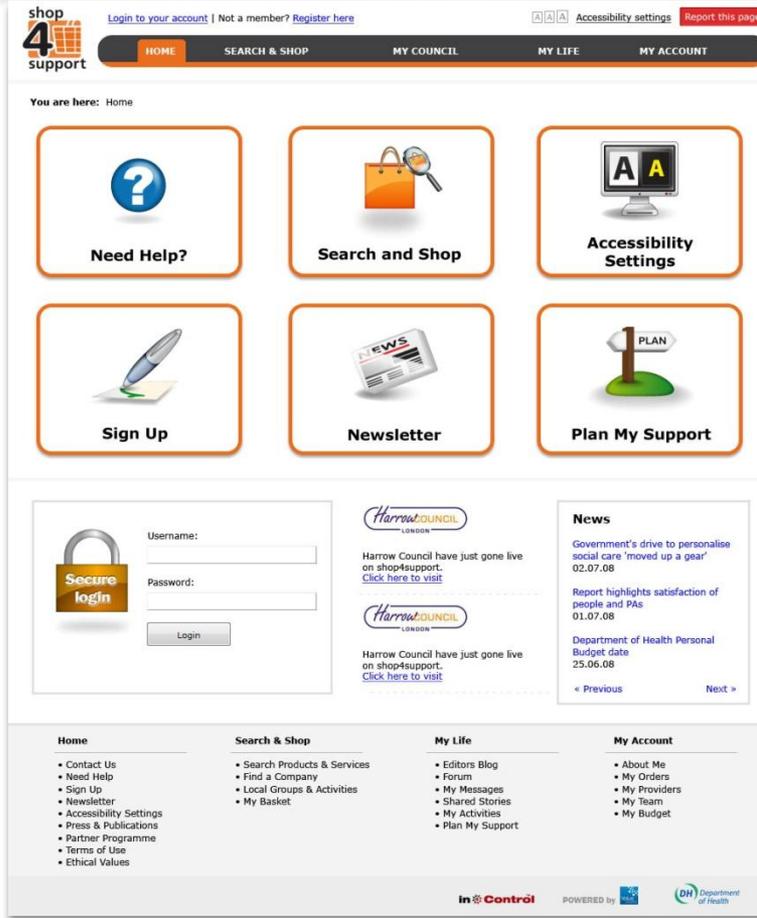
Booking is essential by calling:
01942 513053
limited places

Cost: £1.50 per hour
(£7.50 per day)

Registered Charity Number: 1082663

 **Aiming High Activity Days**
Working in partnership with Wigan Council taking place this summer





The screenshot shows the shop4support website interface. At the top, there is a navigation bar with links for HOME, SEARCH & SHOP, MY COUNCIL, MY LIFE, and MY ACCOUNT. Below the navigation bar, there are six main service tiles: Need Help?, Search and Shop, Accessibility Settings, Sign Up, Newsletter, and Plan My Support. A login section is visible on the left with fields for Username and Password, and a Secure login button. On the right, there is a News section with two articles from Harrow Council. At the bottom, there are four columns of links: Home, Search & Shop, My Life, and My Account. The footer includes the in Control logo, 'POWERED BY' text, and the Department of Health logo.

www.shop4support.com

A Social Enterprise

shop4support is a unique online service which is at the forefront of facilitating a transformation in social care by:

- Enabling the widespread adoption of Personal Budgets.
- Creating a retail market for social care services and products.
- Managing all administrative processes from ordering and invoicing to personal budget management and supplier catalogue management.



KEITH WEBSTER
COMMUNITY SPORTS TRUST



'Enabling people to achieve their goals'

Keith is doing his level 1 coaching cert.

Paul his PA is a qualified football coach

Together they are setting up the Keith Webster Community Sports Trust



**Natural
networks
and activities**

Promote ideas through support
planning

Community mapping

Local area co-ordination, Community
Bridge builders, Homeshare schemes,
small sparks



Small Sparks



Small Sparks is a straightforward community building tool. It is cheap to run and low tech - it has simple procedures and little monitoring.

What is Small Sparks?

A method of connecting people to their local community by giving a small grant as a spur to innovation.

People come up with projects that make a contribution to their community.

It supports people to develop new skills - including leadership. It brings people together around an activity, and unleashes energy by showing what people can accomplish - it often leads to further spin-off activity.

A key part of Small Sparks is to harness the learning.

Participants are required to come together at an event at the end to share what they've achieved.



Our Futures (based on PLAN)



The Mission

- To support families to have peace of mind, and people with disabilities to attain 'a good life'
- By doing as much as is needed and no more than is necessary

The Core Values

- Family leadership
- Safety and security through relationships
- Self sufficiency
- Contribution equals citizenship

It was simple yet seemed effective

- Working to family priorities
- Hospitality
- Belonging
- Support and understanding
- Getting the best out of life

How does it work?

- Families to commit to each other
- A local organisation to host that group or not.
- Families ready to do the hard stuff first - future planning.
- Circles of support are developed
- Skilled input to train connectors
- Back room work done for rather than by members



So what can we do?

Facilitate/support people and community groups to develop initiatives

- Support regional learning and networking
- Share ideas
- Help with getting resources and funding

Find out what difference these initiatives make to individuals and the wider community

- Support people/existing community groups to get involved in evaluating progress

Spread the word nationally and infect others with the enthusiasm and knowledge to do it themselves



Thank you for letting me join you
today.



**How are you going to start
to build community?**

**What do you bring to the
party?**

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